

Progress Notes

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cognitive testing questions, but wasn't actually crying today and was able to hold it together longer and express his feelings.

- Thought process: linear
- Thought content: Denies SI and HI. Denies AH/VH. No evidence of delusions noted.
- Cognition: Declined to do the MOCA because it makes him upset. Had difficulty understanding what was being told. He had an idea but couldn't express himself and it took longer to understand questions. He is able to express himself but had difficulty processing what others said. 1/3 delayed recall. Could not spell "HOUSE" backwards, or do serial 7's. Took much encouragement to even ask him to do these 3 tests. However, he remembered our conversation at our last session.
- Insight: fair
- Judgment: good
- Impulse control: good

* Labs:

- none new

* DSM V Diagnosis:

- Major neurocognitive disorder due to vascular etiology
- Major depressive disorder, moderate
- Cannabis use disorder, in remission

Plan:

1. Safety
 - not an acute safety risk to self/others based on today's eval
2. Labs, medical
 - as per primary medical team
 - pt follows with neurology, speech-language pathology, PT, GI (for colonoscopy screening)
3. Psychosocial interventions
 - offer stroke support groups
 - practice stress and anxiety management
 - set realistic goals and prioritize
 - psychoeducation to family on dementia
 - stay as active as possible
 - encourage getting out into community
 - encourage communicating feelings more often

PATIENT NAME AND ADDRESS (Mechanical Imprinting, if available)

BYRD, TOMMY LORENZA

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